

# Wild Eats Fall Frenzy Feast (Sample Menu)

## Appetizers

- Wild Leek Cheese Spread
- Yellow Dock-Sourdough Crackers
- Venison Meatballs Seasoned with Wild Ginger  
and served in an Autumn Olive Sauce

## Soup and Salad

- Salad with Wild Greens and Hickory Nuts  
Served with a Buttermilk-Nettle Dressing
- Mushroom Parsnip Soup

## Main Course

- Homemade Wild Leek Pesto Pasta Topped with Hen of the Woods  
Mushroom, Fiddlehead and Nettle in Cream Sauce
- Beets Cooked in Elderberry Wine with Elderberry Capers
- Burdock-Carrot Sauté
- High Bush Cranberry-Apple Sauce
- Mashed Wild Parsnips and Potatoes
- Pickle Tray: Wild Leeks, Kelp, Fiddleheads, Homemade Olives, Burdock  
Root, Dill Pickles, Purslane and Pickled Kohlrabi
- Nanny Berry-Black Walnut Muffins
- High Bush Cranberry Jelly
- Homemade Cultured Butter

## Beverages

- High Bush Cranberry-Apple Cider
- Rosehip Soda
- Black Currant Wine

## Dessert

- Roseship Pie with a Yellow Dock Seed Crust
- Topped with Rose Geranium infused Cream
- Roasted Acorn Infusion